

Road Safety for Heavy Vehicles

Introduction

The "Road Safety for Heavy Vehicles" training course was developed by a team of professionals who wanted to improve efficiency measures and respect for occupational health and safety standards. This 60-minute training course can be taken at any time.

Description

Each driver is responsible for his/her own vehicle and must adopt safe behaviour. This training serves as a periodic reminder about best practices, stowage techniques, signalling and also mandatory inspections.

Target Population

This training course is primarily intended for all truckers working with heavy vehicles, regardless of their class.

Prerequisites

There is no prerequisite for this training course. No other training or experience is required to take this training.

Targeted Learning and Targets of Learning Modules

Module 1	Introduction
Module 2	Pre-trip Inspection
	<ul style="list-style-type: none"> › Pre-trip inspection › Obligations › Who performs the pre-trip inspection? › Elements to check › After the inspection › Safe inspection
Module 3	Cargo Stowage
	<ul style="list-style-type: none"> › When should the cargo be checked? › Load distribution › Load standards
Module 4	Accident Prevention
	<ul style="list-style-type: none"> › Defensive driver › Adapt driving habits
Module 5	Accident or Incident?
	<ul style="list-style-type: none"> › In the event of an accident › Joint report

<p>Module 6</p>	<p>Before Reversing</p> <ul style="list-style-type: none"> › Before starting to reverse › Reverse slowly › Reverse on the driver's side › Being guided › Clearance › Pedestrians, vehicles and dead angles
<p>Module 7</p>	<p>Highway Safety Code</p> <ul style="list-style-type: none"> › Respect for signage › Mandatory stop › Wearing a seat belt › Drinking, drugs and driving › Mobile phone while driving › Use of appropriate roadways › Courtesy on the road › Truck traffic restrictions
<p>Module 8</p>	<p>Hours of Driving and Sleep</p> <ul style="list-style-type: none"> › The main symptoms of fatigue › Aggravating factors
<p>Module 9</p>	<p>Conclusion</p>

Evaluation Method of Learning

The development of the targeted competencies will be evaluated so as to ensure full understanding after each of the modules. To proceed to the next module, it is necessary to correctly answer all the questions of the module in progress. In the event of failure, you will have to take this module again. A series of questions in the form of true or false or multiple choice will be asked throughout the different modules. The success threshold is 100%.



Note on integrity, plagiarism and fraud

Given the seriousness of the approach and given the importance of the knowledge gained through this training course, the team of OHStraining Inc. invites you to respect the integrity of the training and its questionnaires and suggests you to answer to the best of your knowledge, that is, without help and without plagiarism.

Teaching and Learning Method

This training course was created based on the skills training approach. This notion promotes not only the acquisition of knowledge, but also the integration of knowledge in practice. The learning method for this course is online training and focuses on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability.