

## LESSON PLAN /////// 1/2 ///////

## Ladders and stepladders



Carrying out work from a ladder or stepladder obviously exposes workers to a certain level of risk. In fact, more than 80% of accidents related to ladders and stepladders are caused by their improper use.

Nobody is immune to falling, which, in many cases, can cause serious injuries. That is why it is imperative to be able to analyze the work environment, secure the site and safely use portable access equipment.



#### Target audience

It is primarily intended for regular and casual workers who want to use portable access equipment for the purposes of accessibility or as a workstation. Whether you work in the construction or industrial cleaning field, or you are simply interested in acquiring new skills, this training is for you.

#### 

The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.

#### Legal notice

There are no legal notice associated with this training. No other training or experience is required.

### A Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of OHStraining invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.



LESSON PLAN /////// 2 / 2 ///////

# **Targeted learning**

Ladders and stepladders

Module 1	Introduction	
	Portable access equipment	
Module 2	<ul> <li>Portable ladder</li> <li>Stepladder</li> <li>Mobile staircase</li> <li>Inspection</li> </ul>	
	Portable access equipment selection	
Module 3	<ul> <li>Selection criterias</li> <li>Duration of the work</li> <li>Tasks to be performed</li> <li>Equipment material</li> <li>Height to be reached</li> <li>Workplace</li> <li>Maximum load capacity</li> </ul>	
Module 4	Handling, maintenance and storage	
Module 5	Conclusion	