

# Road safety for heavy vehicles

⌚ Duration : 60min

FRENCH

ENGLISH

SPANISH

In Canada, there are over a million heavy vehicles registered on the roads. They pose a risk to the safety of vulnerable road users.

In fact, each driver is responsible for his/her own vehicle and must adopt safe behaviour. This training serves as a periodic reminder about best practices, stowage techniques, signalling and also mandatory inspections.

## 🎯 Target audience

It is primarily intended for all truckers working with heavy vehicles, regardless of their class.

## ☰ Teaching and evaluation methods

The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.



## 🔑 Legal notice

There are no legal notice associated with this training. No other training or experience is required.


## ⚖️ Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of OHStraining invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.


# Targeted learning

Road safety for heavy vehicles

Module 1	<b>Introduction</b>	
Module 2	<b>Pre-trip inspection</b>	
	<ul style="list-style-type: none"> <li>– Mandatory</li> <li>– Who performs the pre-trip inspection?</li> <li>– Elements to check</li> <li>– After the inspection</li> <li>– Safe inspection</li> </ul>	
Module 3	<b>Cargo stowage</b>	
	<ul style="list-style-type: none"> <li>– When should the cargo be checked?</li> <li>– Load distribution</li> <li>– Load standards</li> </ul>	
Module 4	<b>Accident prevention</b>	
	<ul style="list-style-type: none"> <li>– Defensive driver</li> <li>– Adapt driving habits</li> </ul>	
Module 5	<b>Accidents or incidents?</b>	
	<ul style="list-style-type: none"> <li>– In the event of an accident</li> <li>– Joint report</li> </ul>	

# Targeted learning

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Module 6	<b>Reversing maneuvers</b> <ul style="list-style-type: none"> <li>– Before reversing</li> <li>– Reverse slowly</li> <li>– Clearance height</li> <li>– Pedestrians, vehicles and dead angles</li> </ul>	
Module 7	<b>Highway safety code</b> <ul style="list-style-type: none"> <li>– Excess speed</li> <li>– Respect for signage</li> <li>– Mandatory stop</li> <li>– Wearing a seat belt</li> <li>– Drinking, drugs and driving</li> <li>– Mobile phone while driving</li> <li>– Use of appropriate roadways</li> <li>– Courtesy on the road</li> <li>– Truck traffic restrictions</li> </ul>	
Module 8	<b>Hours of driving and sleep</b> <ul style="list-style-type: none"> <li>– Main symptoms of fatigue</li> <li>– Aggravating factors</li> </ul>	
Module 9	<b>Conclusion</b>	